

your readers. I find that in the cleaning of a large surface of varnished woodwork, oak-grained or painted in light colours, if it be washed with a warm solution of Sapon—one tablespoonful to a gallon of water—and each portion be finished off with a clean cloth wrung out in a clean solution, it does not require to be dried, as the washed surface dries with a high polish only obtained by the use of much elbow-grease when soap or whiting is used. The saving in the time and energy is great. For taking up the dust on polished boards in sick-rooms, too, nurses will find Sapon useful, as it does not leave the dull surface on these that water used alone always does. Glass, also, when washed with Sapon, assumes a brilliancy only otherwise obtained by the use of the more costly alcohol.

I am, dear Madam,
Yours faithfully,
HAUS-FRAU.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

Comments and Replies.

Miss J. S., Cambridge.—We quite agree with your views. The wisest plan is to write to a Matron and make an appointment. Hospital officials, especially the women, are exceedingly busy—every day bringing its round of duties, and to be interrupted at all hours with visitors, even the best intentioned, is very wasteful of time. Our own plan was to put aside one afternoon a week, to entertain visitors, and show and tell them everything about the hospital and

nursing school. On other days a substitute usually took visitors round the wards, dodging the medical staff, but in the country much more of a Matron's time is often devoted to social intercourse with those interested in the county hospital than in London, and it is most necessary that guests, who are usually supporters of the charity, should be most courteously received—they take a much more personal interest in the welfare of the hospital than is the case in London.

County Hospital Matron. As any effort to obtain just legislation for nurses must have the interest and support of the public, and to a certain degree the help of the medical profession, it is probable that, when organized, the Society for State Registration of Trained Nurses may find it necessary to form a Legislation Committee, but until nurses show themselves acquainted with the benefit of legal status, and also that they are in earnest about obtaining it, they cannot expect to arouse the interest of intelligent legislators. Our motto is "what is worth having is worth working for," and we are thankful to find that numbers of thoughtful nurses are coming forward to join the new society, offering to help. This is the most satisfactory attitude of mind, so far no one has enquired "What am I going to get for my half-crown?"

Probationer C., Edinburgh.—Get "Practical Nursing," by Miss Isla Stewart, from W. Blackwood and Sons, Publishers, Edinburgh; "Materia Medica," by Miss L. L. Dock, from Putnam's, 24, Bedford Street, London; also "A Short Practice of Midwifery for Nurses," by Dr. Henry Jellett, J. and H. Churchill, Publishers, 7, Great Marlborough Street, London, W. Nurses are very wise to gather together a little professional library.

Miss A. L., Warwick.—You will get everything you require from Southall Bros., and Barclay, Birmingham.

Miss G., Colchester.—We know no one interested in the question in your immediate district; we hope later on to find a worker.

BOVRIL

makes one

INFLUENZA-PROOF.

Patron—H.R.H. THE PRINCESS OF WALES.

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STANLEY SMITH, *Secretary.*

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